

**Questions for Reflection**  
**Alone, with a Friend, or in a Small Group**  
**September 19, 2021**

1. When you hear the word “waste” what images come to mind or what do you think about?
2. Why is waste a Christian concern?
3. Read Isaiah 24:1-13, The Message and John 6:8-15, The Message
  - a. What is one thought or idea from these scriptures especially intrigued, provoked, disturbed, challenge, encouraged, warmed, warned, helped, or surprised you?
  - b. The images in Isaiah are really stark, what is your reaction to that?
  - c. Why do you think the Isaiah passage is in the Bible?
  - d. How does waste violet what Isaiah calls the sacred and eternal covenant with God?
  - e. How is waste a sacrilege?
  - f. What stands out to you in the John passage?
  - g. Name all the benefits of sharing that you can think of.
  - h. How can sharing help us eliminate waste—be creative?
4. Check out the list of websites dealing with the elimination of waste.
  - a. What are some of the ideas you would like to try? You encouraged to try some of these for six-months at a time.
5. John Wesley, the founder of Methodism, believed that we could follow all of Jesus’ teachings if we remembered these three simple rules:
  - a. Do No Harm
  - b. Do all the good you can
  - c. Stay in love with God
    - i. How have you practiced living by these rules in the last week?

**Resources to Reduce Waste**

1. <https://www.nature.org/en-us/about-us/where-we-work/united-states/delaware/stories-in-delaware/delaware-eight-ways-to-reduce-waste/>
2. [https://ampleharvest.org/top-5-tips-reducing-food-waste/?gclid=CjwKCAjw8cCGBhB6EiwAgORey1-xi5T8T6QroT2ymj35kvgCXldQqQUWg1pkOJsgMjmQ\\_drM1XmCQxoCTDIQAvD\\_BwE](https://ampleharvest.org/top-5-tips-reducing-food-waste/?gclid=CjwKCAjw8cCGBhB6EiwAgORey1-xi5T8T6QroT2ymj35kvgCXldQqQUWg1pkOJsgMjmQ_drM1XmCQxoCTDIQAvD_BwE)
3. <https://www.madeleineolivia.co.uk/blog/30-ways-to-reduce-your-waste>
4. <https://www.epa.gov/recycle/reducing-waste-what-you-can-do>
5. <https://www.todaysparent.com/family/family-life/ways-to-reduce-waste-at-home-even-if-you-are-exhausted/>
6. <https://www.boyanslat.com/--> Check out more on Boyan Slat—story told during sermon