**Questions for Reflection**  
**Alone, with a Friend, or in a Small Group   
February 28, 2021**

1. ***To be a witness for God is to be a living sign of God's presence in the world. What we live is more important than what we say, because the right way of living always leads to the right way of speaking. When we forgive our neighbors from our hearts, we will speak grateful words, and when we are hopeful and joyful, we will speak hopeful and joyful words. When our words come too soon and we are not yet living what we are saying, we easily give double messages. Giving double messages -- one with our words and another with our actions -- makes us hypocrites. May our lives give us the right words and may our words lead us to the right life.* --Henri J. M. Nouwen, Bread for the Journey: A Daybook of Wisdom and Faith, entry for June 20 (HarperCollins, 2009).**
   1. **How have you been a witness as living sign of God’s presence in the world recently? What are the differences?**
2. **Read Matthew 5: 13-20 (In the Message)**
   1. **What is one thought or idea from this scripture especially intrigued, provoked, disturbed, challenge, encouraged, warmed, warned, helped or surprised you?**
   2. **What does it mean to live as salt and light in the world?**
   3. **What are the qualities of salt and light that you think Jesus was trying to help us model?**
   4. **What is Jesus ultimately asking us to be or do in these passages?**
   5. **How have you incorporated these qualities into your own spiritual journeys?**
3. **Share a story about someone else in whom you have witnessed these qualities of salt and/or light.**
   1. **What was it that they enabled others to be or do in their own lives?**
4. **What makes it difficult to be salt or light in the world at large?**
   1. **What do we have to risk?**
5. **John Wesley, the founder of Methodism, believed that we could follow all of Jesus’ teachings if we remembered these three simple rules:**
   1. **Do No Harm**
   2. **Do all the good you can**
   3. **Stay in love with God**
      1. **How have you practiced living by these rules in the last week?**